

Bentley Carers & 40+ Women's Group

2018 Program – Term 3

July	Program
17th	Craft- Stick Art
24th	Helping Minds Workshop- Understanding Mental Illness
31st	Activity- Tree of Connection
August	
7th	Craft- Mosaic on MDF Coasters
14th	Ishar Health Promotion Officer's Talk
21st	My Health Records
28th	Helping Minds Workshop- Understanding Mental Illness
September	
4th	Bring A Plate
11th	Helping Minds Workshop- Understanding Mental Illness
18th	Bingo

Supported by the **Mental Health Commission** and the following organisations:



NOTE: Program may change or cancel without notice

Bentley Library,
Hedley Pl & Manning
Road,
Bentley WA 6102.

Tuesdays
10:30am – 12:30pm

Contact:

Cherylann MaGee –
9345 5335 /

cherylann@ishar.org.au



Multicultural Women's
Health Centre

Inspiring women, families & communities
ishar.org.au